

Fwd: *SPAM*** Please circulate ICCHAI 2026 and Manana to your HoDs and students**

From: <grucc@ruraluniv.ac.in>
To: Registrar <registrar@ruraluniv.ac.in>
Date: 07/10/2026 11:26 AM



----- Original Message -----

Subject: ***SPAM*** Please circulate ICCHAI 2026 and Manana to your HoDs and students
Date: 04-10-2026 03:43
From: ICCH-AI 2026 <invitations@icchai.com>
To: grucc@ruraluniv.ac.in
Reply-To: icchai.dhyanly@gmail.com

Dear Sir/Madam,

We would be grateful if you could circulate the International Conference on Contemplative HealthTech and AI (ICCHAI 2026) to your faculty, HoDs, and UG, PG and PhD students in Gandhigram Rural Institute Dindigul. The conference is free, with a certificate of participation for every registered participant, and runs on 22 and 23 October 2026. Day 1 is hybrid at IIT Delhi, and Day 2 runs five parallel tracks online, covering yoga and mindfulness in the AI era, Indian Knowledge Systems, Ayurveda and AI, contemplative neuroscience, and contemplative tech innovation.

Students and faculty will have access to researchers from Harvard Medical School, University of Virginia, UC San Diego, IIT Delhi and IIT Mandi. The speakers include Dr. Sat Bir Singh Khalsa, Dr. Sara Lazar, Dr. Balachundhar Subramaniam and Dr. Swayam Bagaria of Harvard, Dr. Eric Garland of the University of California San Diego, and Prof. Christopher Key Chapple of Loyola Marymount University.

Manana, the pre-conference roundtable, takes place on 21 October as a virtual session of 2 to 3 hours and is free. It is designed for heads of department and research students in IKS, Yoga, Mindfulness and Meditation, and covers research, collaboration and grant writing. Participants can also collaborate with the International Society for Contemplative Technology (ISCHT), where founding membership is free during registration and is provisional until the society is formally constituted after the conference.

The event is supported by the University of Central Florida, Notre Dame of Maryland University, Loyola Marymount University and the South Asian Studies Association in the United States, and by IIT Delhi (through IHFC), IIT Ropar, IIT Mandi, Bṛhat and YogaXBiofeedback Pvt Ltd (Dhyanly) in India.

Registration for the conference is at <https://www.icchai.com/register>, Manana registration is at <https://forms.gle/ffjtMPo7oteYAhgTA>, and the full programme is at <https://www.icchai.com/schedule>.

For any queries, please write to icchai.dhyanly@gmail.com.

Warm regards,

Satyam Tiwari

Convener, ICCHAI 2026

RD
8/10/26